

## Accredited Providers - NSW

March 2009



Lift for Life® is only delivered by Accredited Trainers at facilities licensed by Baker IDI Heart and Diabetes Institute.

Please contact the most convenient provider below to find out more about availability of programs.

As the network of providers is continuously being expanded, please visit [www.liftforlife.com.au](http://www.liftforlife.com.au) for the most up-to-date listing.

Suburb	Provider	Contact
<b>Byron Bay</b>	Personal Trainer at various locations. Please call for nearest location.	0421 932 959 <a href="mailto:jasonmickan@aapt.net.au">jasonmickan@aapt.net.au</a>
<b>Campbelltown</b>	Bio-Physiques Shop 3, 4 Chamberlain St Campbelltown, NSW 2560	0433 511 509  <a href="mailto:james@bio-physiques.com.au">james@bio-physiques.com.au</a>
<b>Forster</b>	YMCA of Great Lakes Lake Street Forster NSW 2428	02 6591 7199  <a href="mailto:daniel.lawton@greatlakes.nsw.gov.au">daniel.lawton@greatlakes.nsw.gov.au</a>
<b>Parramatta</b>	Pro Fit Lifestyle Unit 2, 2-6 Hunter St Parramatta, NSW 2150	(02) 8821 8821 <a href="mailto:annenicholas@pfr.net.au">annenicholas@pfr.net.au</a>
<b>Port Macquarie</b>	Buzza's Family Gym 20 Merrigal Rd Port Macquarie, NSW 2444	02 6581 4650 <a href="mailto:buzzas@aapt.net.au">buzzas@aapt.net.au</a>

[www.liftforlife.com.au](http://www.liftforlife.com.au)  
1300 733 143



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Suburb	Provider	Contact
<b>Tweed Heads West</b>	Fitness Attitude Seagulls Club, Gollan Drive, Tweed Heads West, NSW 2485	0407763153  kylie@fitnessattitude.com.au

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