

Accredited Providers - Queensland

January 2009



Lift for Life® is only delivered by Accredited Trainers at facilities licensed by Baker IDI Heart and Diabetes Institute.

Please contact the most convenient Provider below to find out more about availability of programs.

As our network of providers is continuously being expanded please visit www.liftforlife.com.au for the most up-to-date listing

Suburb	Provider	Contact
Bald Hills	Green Apple Wellness Centre 21 Bald Hills Road Bald Hills, QLD 4036	☎ (07) 32611249
Brisbane South	EFM Mater Hospital Mater Health Services, Raymond Tce, South Brisbane, QLD 4101	☎ 0417 411 933
Elanora	Healthy Inspirations The Pines Shopping Centre Shop L3 KP McGrath Drv Elanora, QLD 4221	☎ (07) 5534 4666
Garbutt	Physical Attraction 365 Woolcock St, Garbutt, QLD 4814	☎ (07) 4728 4488
Helensvale	Healthy Inspirations Helensvale Plaza Shopping Centre Shop 33, Sir John Overall Drv Helensvale, QLD 4212	☎ (07) 5580 6600

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Suburb	Provider	Contact
Jindalee	Fernwood Women's Health Club Jindalee Shop 14 AD Homemaker City, 34 Goggs Road Jindalee, QLD 4074	(07) 3279 5727 emma.teede@fernwoodfitness.com.au
Newstead	Courage International Personal Trainers Studio Rise, Byres St Newstead, QLD 4006	0412 784 552 lleis@bigpond.net.au
Warwick	Warwick Personal Training & Pilates Studio 10 Albion Street Warwick, QLD 4370	(07) 4667 1999 jjpt@gil.com.au

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